

OUR MISSION is to prepare children with developmental differences for a bright future of engaged belonging by equipping them, their families, therapists, and teachers via innovative programming in Colorado and around the world.





Stories
to Carry with You



therapy
that fits

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Dear friend of DFX,

I'm excited to share this annual report and hope you will enjoy reading the latest news from DFX. Now in its 21st year, the organization is thriving as are the children and families we serve.

In our Denver clinic, our therapists support each child by finding their strengths, engaging with their family, and creating an individualized, multidisciplinary plan of care - *Therapy that fits* - that extends across the child's ecosystem to create an environment in which every child can live to their fullest.

Beyond the clinic, we reach into communities to support caregivers and educators through mentoring, training, and our Clinic in the Community programs. We extend our impact further through Learning Journeys, a virtual



platform that enables us to train therapists, educators, and providers worldwide in harnessing the power of a multidisciplinary, strengths-based approach to supporting children who are neurodiverse by using treatment models based in neuroscience that I have collaboratively developed, including The SpIRiT and STEPPSI.

DFX's fourth program area, Innovation and Advocacy, centers on sharing our work even more broadly through research, publications, participation in national and international conferences, workshops, and podcasts. We are expanding our advocacy at the state, national, and global level to enhance understanding of and support for those who are neurodiverse. My work, along with that of the entire DFX team, is driven by our commitment to dismantling barriers and expanding access for those who have traditionally been marginalized.

We hope you will share our pride in this transformative work. **Your support is** making a difference every day in the lives of children and those who care for them.

In partnership,

Tracy Murnan Stackhouse
Tracy Murnan Stackhouse, MA, OTR/L
Executive Director, Co-Founder, and Director of Innovation



Impact & Reach

We've grown our team! Over the past year we've added 3 OTs, 2 SLPs, and 2 psychology externs to help us meet increased demand for our services. **DFX is impacting the lives of children in Colorado, across the US, and around the world.**

In the past year, we have connected with...



Over 300 children seen in the clinic and 50 via telehealth



More than 300 clinicians worldwide have participated in mentoring or practicum learning



19 school partnerships in Colorado and 8 other states, reaching hundreds of teachers and students



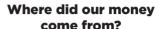
Over 40,000 downloads of the Spirited Conversations podcast including people from every continent!

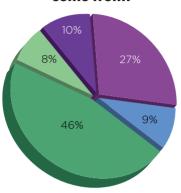


578 clinicians enrolled in Learning Journeys courses



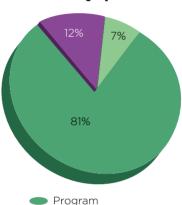
Financial Report





- Grants
- Innovation Programs
- Clinic (direct services)
- Contributions & Fundraising
- Employee Retention Tax Credit

How was our money spent?



- Program
- Management
 - & General Operating
- Fundraising

REVENUE (Fiscal Year 2023)

<u>Amount</u>	<u>Percent</u>	<u>Category</u>
\$534,442	27%	Grants
\$175,853	9%	Employee Retention Tax Credit
\$914,623	46%	Clinic (direct services)
\$160,763	8%	Innovation Programs
\$203,449	10%	Contributions & Fundraising

\$1,989,130 100% Total Revenue

NET ASSETS as of Sept 30, 2023:

\$754,097 Unrestricted \$436.085 Restricted (Multi-Year Grant Funding)

\$1,190,182 Total Assets

EXPENSES (Fiscal Year 2023)

<u>Amount</u>	<u>Percent</u>	<u>Category</u>
\$1,030,303	81%	Program
\$153,136	12%	Management & General Operating
\$94,971	7%	Fundraising
<i>\$1,278,410</i>	100%	Total Expenses*

profile at Colorado Gives! www. coloradogives. org/organization/DevelopmentalFX

See our

Platinum Transparency 2024

Candid.

\$710.720 *Change in Net Assets (Net Income)



DFX gave us hope and helped Blake thrive beyond all expectations



Blake (second in on right) stands with his family

"When Blake was two he was diagnosed with Autism. Jeff and I had him evaluated at Children's Hospital where they told us that he was severely impacted and it was highly unlikely that he would ever be able to accomplish independent tasks, he would mostly likely be nonverbal, never be toilet trained or be able to interact with people around him or understand emotions. After going through several therapy centers, we came across Development FX. Blake was three and they came up with an amazing

plan of care. He did speech and occupational therapy but what was so different was that they were teaching Blake on so many different levels. Speech just wasn't about producing sounds but how to communicate and process information. Occupational therapy wasn't just about learning how to hold a pen but how to feel comfortable in his body so that he could learn and interact with the world around him.

DFX understands that there are many different levels of learning how to function in an autistic body. They teach the kids and their parents how to thrive in a world that is challenging for them. Today Blake has been with DFX for 11 years and he attends a typical developing school with minimal support where he not only talks (continuously) but reads and is able to keep up with academic expectations. He plays baseball and has a friend group. He is learning how to help his body with its sensory needs so that he will be able to advocate for himself. He has an amazing sense of humor and is able to interact with others on a meaningful level.

I truly believe that the early intervention of DFX has changed Blake's trajectory and has opened up a world of new possibilities. If every kid that has ever been diagnosed with being on the spectrum had access to amazing therapies like DFX their lives would be positively impacted forever. I cannot thank the amazing staff and therapists for giving us hope and a plan on how to navigate Blake's world."

-Melissa Jensen



33 Years of Building Skills to Experience the World

Cindi Rogers wants people to understand the **profound difference that DFX's holistic approach to care has made in her family's life.** When she and her husband Chris first learned that their sons were diagnosed with Fragile X syndrome, providers focused on how living with Fragile X would limit the boys' daily lives and future possibilities. Thankfully, they connected with Tracy Stackhouse and Sarah "Mouse" Scharfenaker of DFX, whose compassion, skills, belief in the possibility of a fuller life for their sons, and commitment to their family made it possible for them to overcome many of the obstacles presented by living with Fragile X.

"We were drowning in struggle. Tracy and Mouse stood beside us as we practiced and built the skills we and our sons needed. We had to do incredibly hard work at the beginning to add tools to our tool belt, which seemed very heavy at the time. Now, it doesn't weigh anything! That doesn't mean we don't have challenges, but because of what we learned at DFX, we know what to do when the challenges pop up.

Getting the guys out of the house was a big goal that we needed to overcome. When our sons were 6 and 8 years old, Chris and I decided



The Rogers family on the coast of Spain in Cartagena!

we couldn't be limited by these four walls. We started with short trips away from home, always relying on the tools we learned at DFX to prepare for unexpected situations. With each trip we all learned more about what was possible, and Jake and Joe began to enjoy new experiences and new places. Our guys are now 33 and 35 and are deeply integrated into their community. We travel all over now - we have been to all 48 of the lower U.S. states in our motorhome, and we tackled an immense goal and started flying in 2016. After years of practice and tons of prep, we just returned from a trip to Spain!

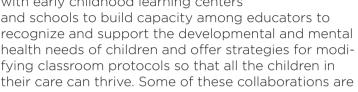
Without a doubt, we would not be able to do 80% of what we do today without the incredible support we received from DFX over the years. Our indispensable tool belt is still an effective part of our world every day."



Clinic In the Community: DFX Supporting Educators

Under the umbrella of our Clinic in the Community program, DFX partners with early childhood learning centers







FINSTEINS 303-936-486

funded by the schools themselves, and others by foundation grants. This program is growing; we currently are working in 19 schools and are bringing new partners into the program each quarter.

Through a grant funded by Caring for Denver Foundation, we recently embarked on a partnership to offer training and mentoring to teachers at Little Einsteins Academy in Denver.

"As the director of an Early Childhood Development Center, one of my main priorities is to support not just children's needs but teachers as well. I am impressed with all the help we have received from SWIFT. It has been a great program for our school. I am glad we were able to create a partnership with SWIFT and be introduced to new strategies to help teachers identify and support children's developmental and or behavioral challenges and with that also help them feel less distress:"

~ Marisol Chavez, School Director Little Einstein's Academy "When I heard we were getting a new program into our classroom I couldn't stop thinking of how much extra work I was going to have. When Becca gave us an introduction about what SNIFT was, my thoughts changed and I was hopeful about all this. And I was not wrong. After our first meeting where she explained how she categorized some behaviors noticed in my class and gave me strategies I could try to help my students, I was completely positive that SNIFT was going to be a big support for all of us."

~Teacher, Little Einstein's Academy



At DFX, we develop and use transdisciplinary models of care that are grounded in neuroscience and collaborate with partners to share these resources.

LISTEN



Spirited Conversations Podcast: Tracy Stackhouse, Cory Dundon and Michelle Maunder are pediatric Occupational Therapists with a shared passion for the pursuit of knowledge.

TUNE IN: www.spiritedconversationspodcast.com

LEARN



This is a by professional for professionals' course for educators, led by Dr. Marcia Braden and Tracy Stackhouse. This two part course offers an overview of FXS, learning style, and the relationship between FXS and Autism and strategies to support individuals throughout the lifespan.

ENROLL: learn.fragilex.org/courses/nfxf-master-class-Fragile-x-101-educators-part-1

TREAT



Unyte SSP + Sensory Integrative Processing Occupational Therapy - Combined Delivery Guidelines. *DOWNLOAD:* integratedlistening.com/ot-sipguidelines-excerpt/

READ



Integrated Occupational Therapy Camp for Children with Regulation/Sensory Processing Differences: Preliminary Evaluation. Canadian Journal of Occupational Therapy. Stackhouse TM, Burke HK, Hacker CG, Burke LM, Hui CE, Osten B, Lane SJ. VIEW: pubmed.ncbi.nlm.nih.gov/36201004/